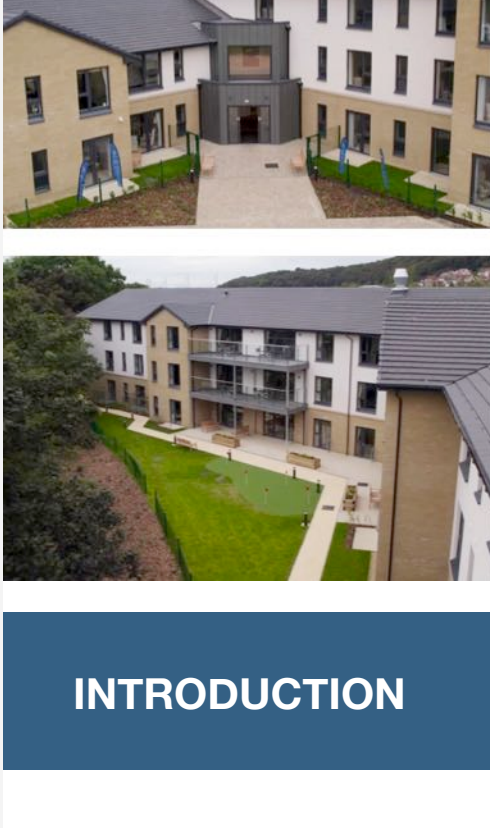




INTRODUCTION

Message From Our Manager

As we move through another wonderful summer, I'd like to take a moment to reflect on everything we've enjoyed together here at the Home.

It's been a busy few months filled with fun, friendship, and memorable experiences. Our residents have enjoyed several trips out, making the most of the lovely weather, and we've had the privilege of celebrating some very special milestone birthdays with family and friends. These occasions have been a wonderful reminder of the vibrant community we've built together.

Our Gardening Club continues to flourish, with residents taking great pride in caring for our outdoor spaces, while our Knitting Club goes from strength to strength, creating beautiful handmade items and enjoying plenty of conversation along the way.

We've also been delighted to welcome several new residents to our Home, and it's been lovely to see them settling in and becoming part of our community. Another exciting milestone is just around the corner as we prepare to open our final community of rooms. This is a significant moment for us, and we're looking forward to welcoming even more residents into our Home.

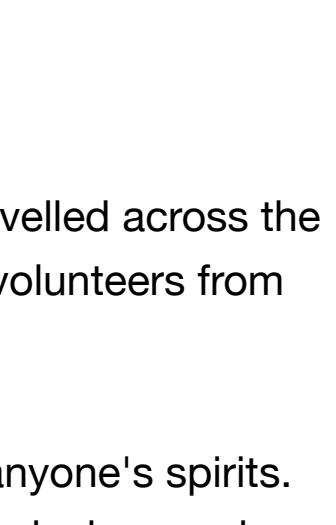
Thank you to our residents, families, and dedicated team for making our Home such a warm and caring place to be. We look forward to sharing many more exciting events, activities, and achievements with you in the months ahead.

If you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

[Newsletter Sign-Up](#)

Best wishes,

Tabatha Jacome
Home Manager



ACTIVITIES

Trishaw Adventure

Our residents recently enjoyed a truly memorable outing as they travelled across the iconic Old Forth Road Bridge in a trishaw, thanks to the wonderful volunteers from Cycling Without Age.

Although it was a little windy, the weather certainly didn't dampen anyone's spirits. Residents took in the breathtaking views across the Firth of Forth, enjoying a unique perspective of one of Scotland's most famous landmarks. It was a real privilege to experience the bridge in such a special way, with plenty of smiles, conversation, and unforgettable memories made along the journey.

A huge thank you to the fantastic team at Cycling Without Age for providing such a wonderful opportunity. We are incredibly grateful for their kindness and for helping our residents enjoy such a special experience.

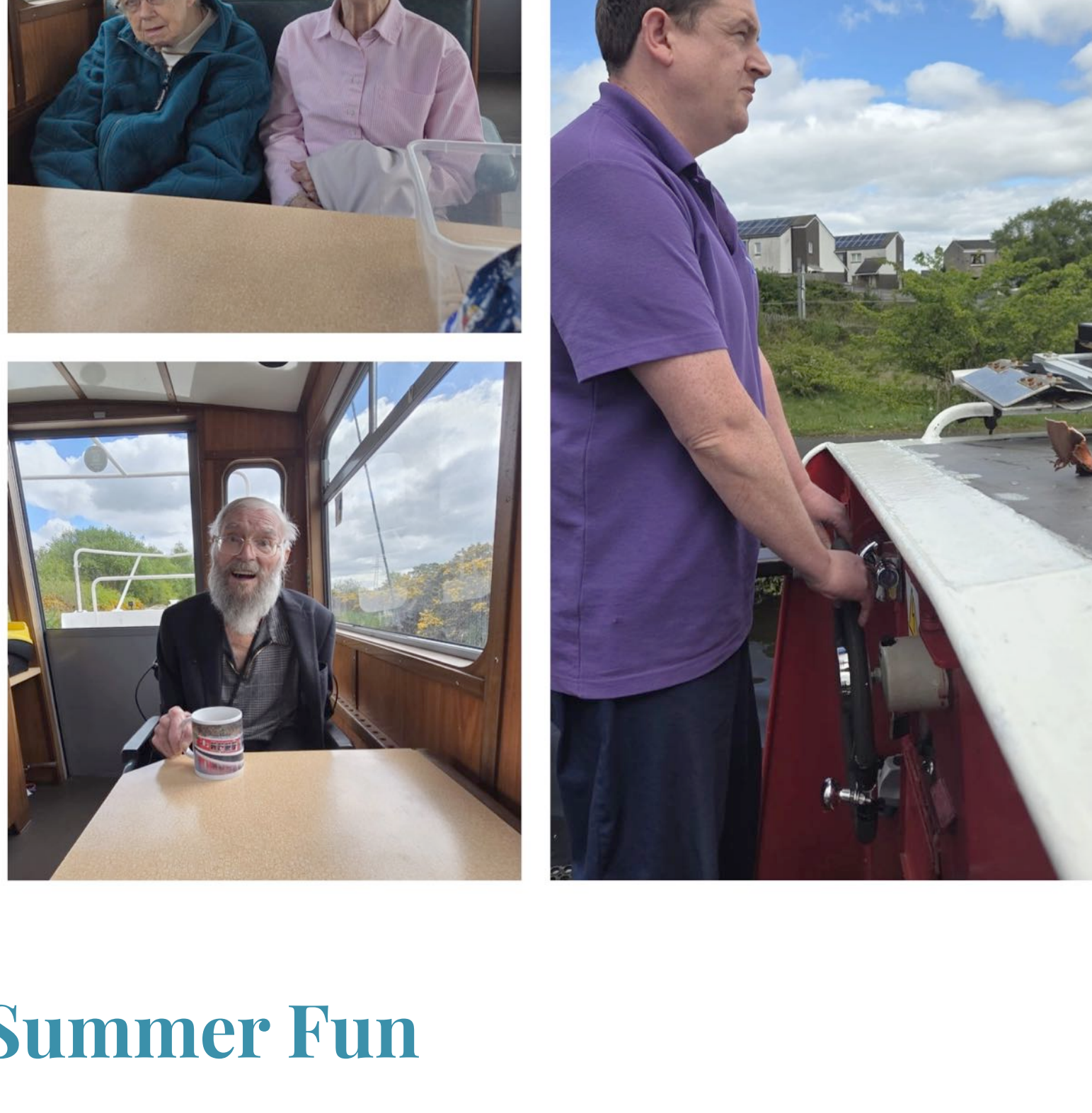


Ratho Canal

Our residents recently enjoyed a wonderful day out on the Ratho Canal, taking a relaxing trip aboard a fully accessible canal barge.

With the sunshine making an appearance, everyone had the chance to sit back, unwind, and take in the peaceful surroundings. Along the way, residents spotted ducks, swans, and other wildlife, making the journey even more enjoyable. The gentle pace of the barge provided the perfect opportunity to chat, admire the scenery, and simply enjoy being out in nature.

The trip was made possible by a fantastic team of dedicated volunteers, whose kindness and support ensured everyone had a safe, comfortable, and memorable experience.



Summer Fun

We made the most of the beautiful summer weather by spending time relaxing together in our garden. Residents enjoyed soaking up the sunshine while catching up with friends and taking in the peaceful surroundings.

To help everyone stay cool and refreshed, our chef prepared delicious pitchers of Pimm's, along with a selection of fresh fruit and juicy melon, which went down a treat on such a warm day. There was plenty of laughter, conversation, and smiles as everyone embraced the opportunity to enjoy the outdoors.

Simple afternoons like these are often the most special, giving residents the chance to unwind, enjoy the fresh air, and make the most of the lovely summer weather together.



Staying Active

Our residents have been making the most of every opportunity to stay active and enjoy each other's company.

Our new Walking Group has been a wonderful success, with residents enjoying gentle strolls, fresh air, and the chance to chat while taking in the local surroundings. It's been a fantastic way to keep moving and enjoy the outdoors whenever the weather has been kind.

On the days when the Scottish weather has been less predictable, we've had plenty of fun indoors too. Residents have been keeping their minds active with jigsaw puzzles, testing their knowledge during our lively café quizzes, and enjoying the company of friends at our friendly knitting group.

Whether out for a walk or enjoying a cosy afternoon inside, there's always something happening to bring everyone together and make each day enjoyable.



Memory Café

We recently enjoyed another wonderful afternoon at our Memory Café, bringing residents, families, friends and members of the local community together in a relaxed and welcoming setting.

Our talented chef, Simon Riggs, treated everyone to a delicious selection of homemade cakes, which were thoroughly enjoyed alongside plenty of tea, coffee and conversation. It was lovely to welcome visitors into the home, and our residents especially enjoyed spending time chatting, sharing stories and making new connections.

Our Memory Café has become a valued part of life at Dalgety Bay Care Home, providing a friendly environment where everyone is welcome.

A gentle reminder that our Memory Café takes place every second Tuesday and is open to anyone who would like to pop in, enjoy a cuppa and spend time with our residents. We'd love to see you there.



Armchair Travel

Our Armchair Travel adventure recently took us to the fascinating country of China, adding another exciting stamp to our travel passports.

Residents enjoyed learning about China's rich history, traditions, famous landmarks and unique culture, with plenty of interesting conversation and shared discoveries along the way. These sessions are always a wonderful opportunity to explore the world together from the comfort of home.

To complete the experience, residents sampled prawn crackers, which proved to be a very popular choice and helped bring a taste of China to our afternoon.

Everyone is already looking forward to discovering where our next Armchair Travel adventure will take us.



UPCOMING EVENTS

Dates for Your Diary

We have plenty to look forward to over the coming weeks:

Summer Fayre

Saturday 15th August from 12.00pm

Memory Café

Held every second Tuesday in the Dalgety Bay Care Home Café.

Our next Memory Café: Tuesday 11th August 2026

We look forward to welcoming residents, families, friends and members of the local community to these upcoming events.

Relatives' Meeting

Our next Relatives' Meeting will take place on **Tuesday 4th August at 6.00pm.**

These meetings provide a valuable opportunity for families to hear updates about life at Dalgety Bay Care Home, learn about upcoming plans and activities, and share any feedback, ideas or suggestions with the management team.

We look forward to welcoming you for an informal evening of conversation and collaboration.

LOOKING AHEAD

As we look ahead to the coming months, we are excited to continue building on the wonderful activities and experiences that make life at Dalgety Bay Care Home so enjoyable.

We are particularly looking forward to welcoming everyone to our Summer Fayre on Saturday 15th August, which promises to be a fantastic day of entertainment, refreshments and community spirit. Our Memory Care Café, held on the second Tuesday of every month, also continues to provide a welcoming space for residents, families and members of the local community to come together over a cup of tea and good conversation.

With more outings, gardening projects, creative activities and social events already being planned, there is plenty to look forward to as we head towards autumn. As always, our focus remains on creating meaningful experiences, encouraging friendships and ensuring every resident has the opportunity to enjoy each day to the fullest.

Thank you for your continued support. We look forward to sharing many more special moments with you over the months ahead.

EXTERNAL LINKS

Social Media

Make sure to check out the Dalgety Bay Care Home Facebook Page for all our latest photos!

[Don't Forget To 'Like' Us!](#)

Leave A Review

We would be very grateful if you could spare a few minutes to write a review for us:

[Carehome.co.uk](#) | [Google Review](#)



Created by [ChitChat Marketing Limited](#)



[View email in browser](#)

You are receiving this email as it is the quickest and most efficient way we can keep you updated with our news and communications as a contact of our home. We hope you find our newsletters interesting and informative. We use ChitChat Marketing as our marketing partner

(<https://www.chitchatmarketing.co.uk/chitchat-gdpr-data-processing-agreement>) and Mailchimp as our marketing platform (<https://mailchimp.com/legal>) and as such your information is transferred to them for processing. All information is treated professionally and with respect. You can of course unsubscribe at any time by clicking the 'unsubscribe from this list' link at the bottom of each email.

[update your preferences](#) or [unsubscribe](#)

