

**INTRODUCTION****Message From Our Manager**

We said "goodbye" to 2025 with Reflect and Rejuvenate activities – we reminisced about the year and the lovely memories we created; we discussed things we would like to achieve in 2026 and made some New Year's resolutions.

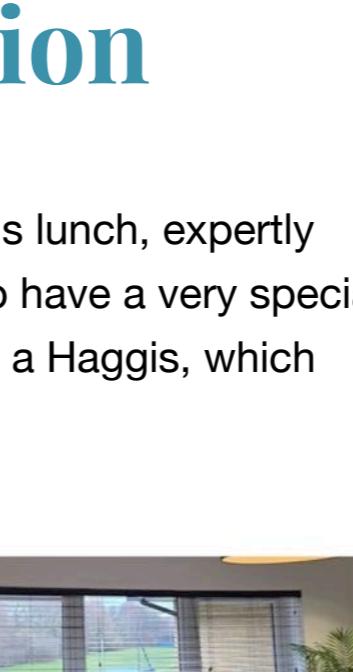
As we reflect on the festive season at the care home, we are filled with gratitude for the warmth, companionship, and joyful moments shared together. The lead-up to Christmas provided residents with many opportunities to connect through meaningful activities, gentle reminiscence, and creative celebrations that captured the spirit of the season. Our Christmas fair was a particularly special occasion, bringing residents, friends, and family members together, creating memories that will stay with us well beyond the holiday season.

If you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

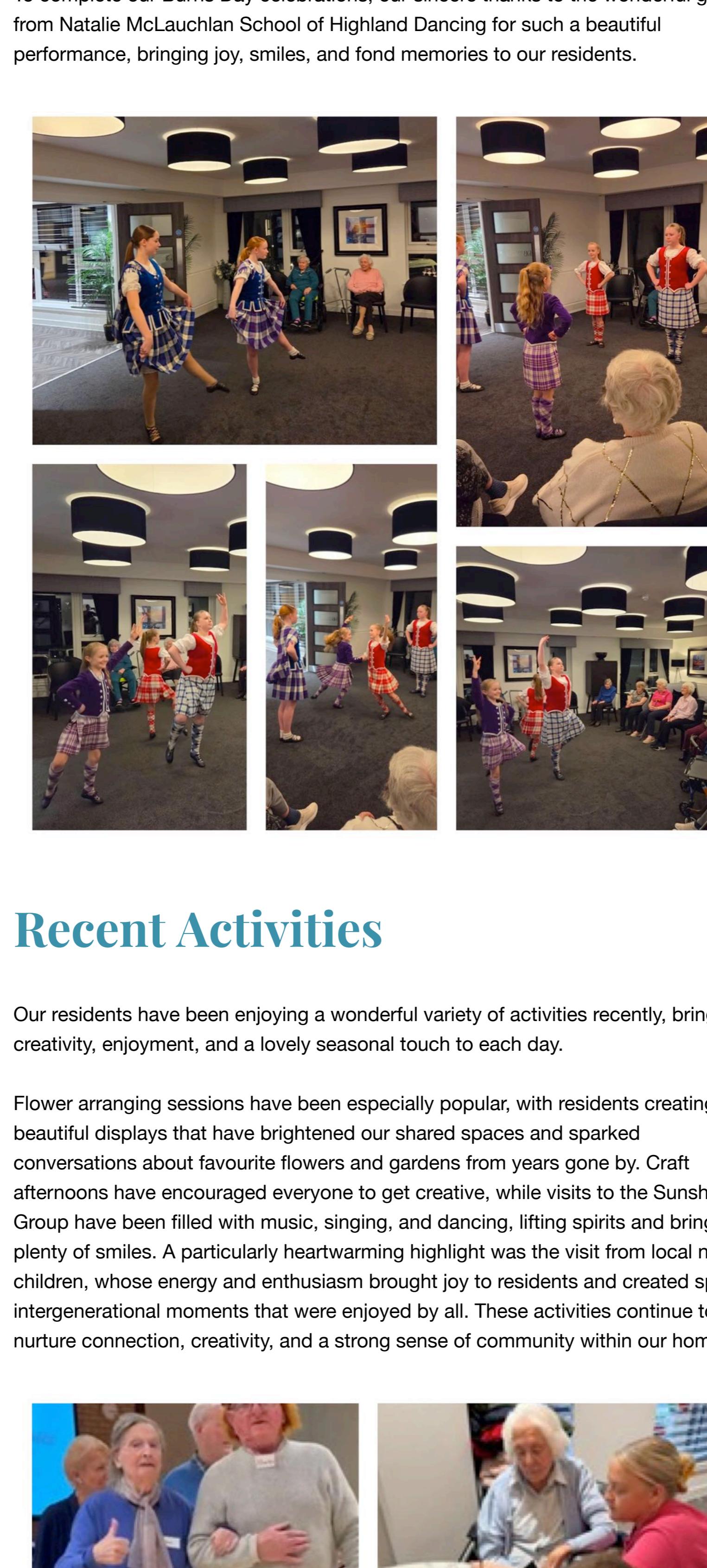
Newsletter Sign-Up

Best wishes,

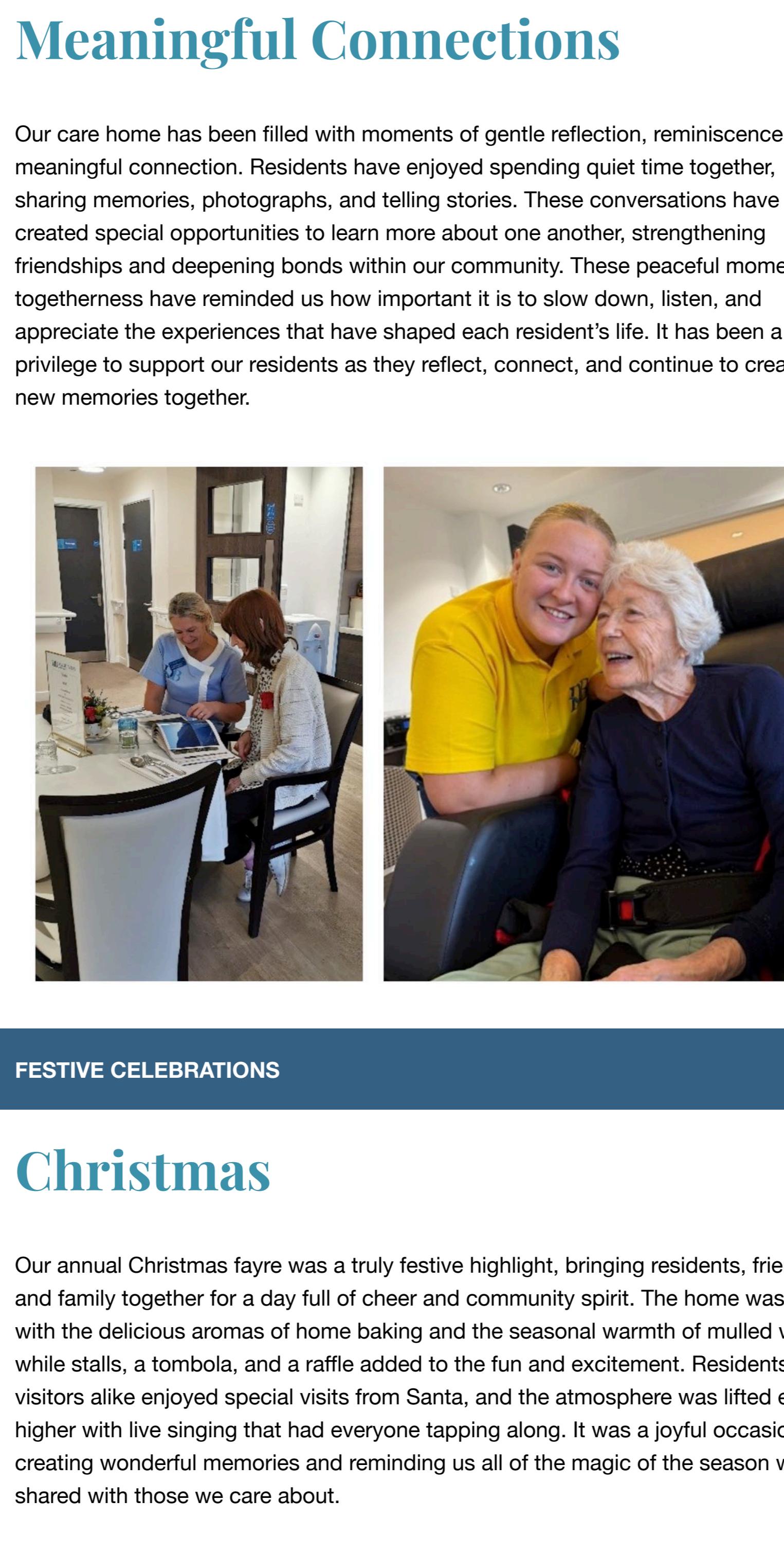
Tabatha Jacome
Home Manager

**MOVING INTO 2026****Trip Out & About**

What a wonderful day spent out on our bus - first stop was Aberdour for a cuppa and a bit of cake, then a drive across the bridge looking at all the beautiful views. Lots of happy chatter and fond memories!

**Fantastic Burns Celebration**

We kicked things off in true Scottish style with a delicious Burns lunch, expertly prepared by our amazing chef Simon Riggs. We were thrilled to have a very special guest deliver a brilliant and entertaining rendition of Address to a Haggis, which everyone thoroughly enjoyed.

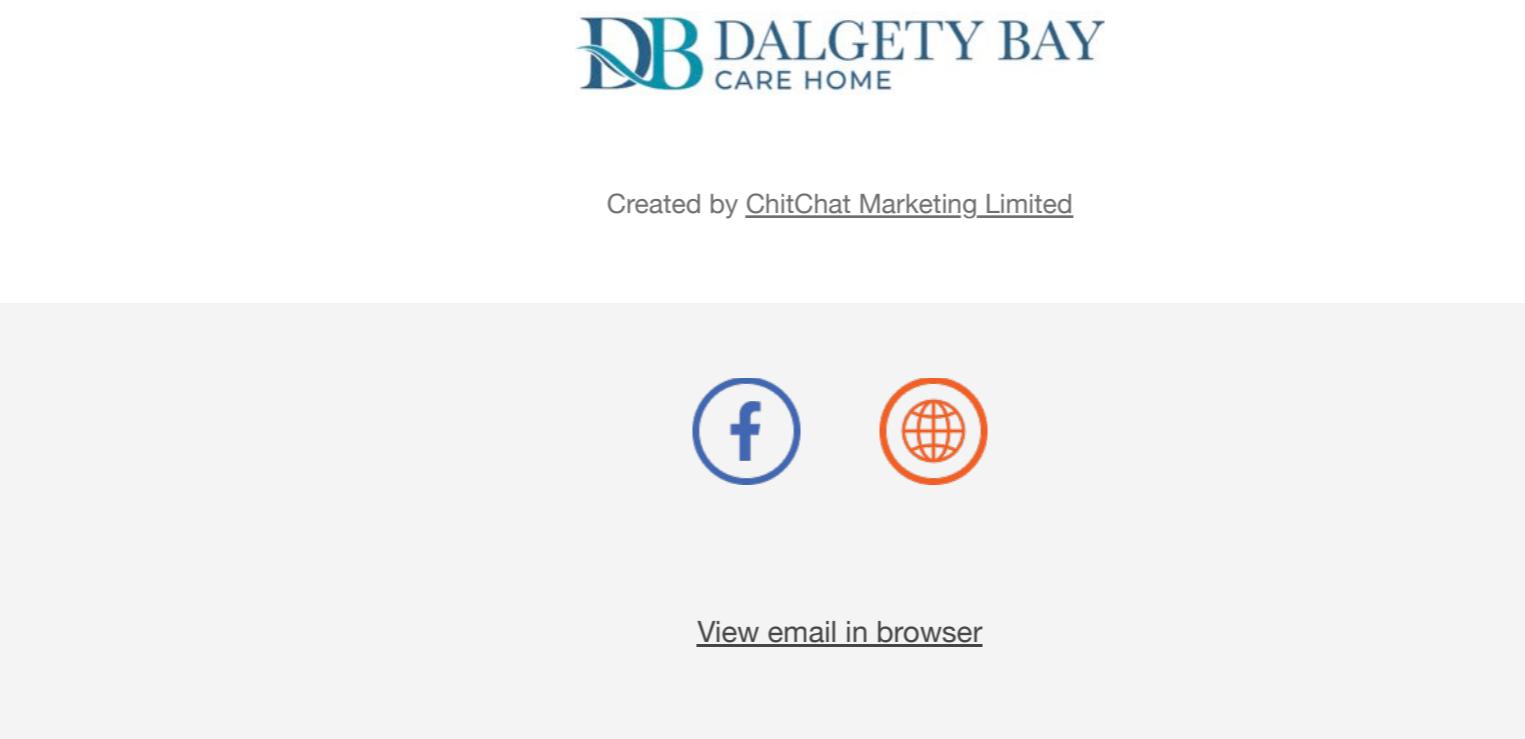
**Recent Activities**

Our residents have been enjoying a wonderful variety of activities recently, bringing creativity, enjoyment, and a lovely seasonal touch to each day.

Flower arranging sessions have been especially popular, with residents creating beautiful displays that have brightened our shared spaces and sparked conversations about favourite flowers and gardens from years gone by. Craft afternoons have encouraged everyone to get creative, while visits to the Sunshine Group have been filled with music, singing, and dancing, lifting spirits and bringing plenty of smiles. A particularly heartwarming highlight was the visit from local nursery children, whose energy and enthusiasm brought joy to residents and created special intergenerational moments that were enjoyed by all. These activities continue to nurture connection, creativity, and a strong sense of community within our home.

**Meaningful Connections**

Our care home has been filled with moments of gentle reflection, reminiscence, and meaningful connection. Residents have enjoyed spending quiet time together, sharing memories, photographs, and telling stories. These conversations have created special opportunities to learn more about one another, strengthening friendships and deepening bonds within our community. These peaceful moments of togetherness have reminded us how important it is to slow down, listen, and have a privilege to support our residents as they reflect, connect, and continue to create new memories together.

**FESTIVE CELEBRATIONS****Christmas**

Our annual Christmas fair was a truly festive highlight, bringing residents, friends, and family together for a day full of cheer and community spirit. The home was filled with the delicious aromas of home baking and the seasonal warmth of mulled wine, while visitors strolled by, enjoyed singing, and special visits from Santa, the fun and festive atmosphere was evident even in the air.

Creating wonderful memories that will be treasured for a lifetime, and we are so grateful to all those who came along to share in the magic of the season.

STAFF NEWS**Recognition**

We are proud to celebrate our Caretaker of the Month, recognising a team member who has shown exceptional dedication, compassion, and professionalism in their role.

This colleague has consistently gone above and beyond to ensure our residents receive the highest standard of care. Above and beyond, to ensure our residents have made a meaningful difference in the daily lives of those we support, while also being a valuable source of encouragement to fellow team members.

Their efforts reflect the core values of our home and set a wonderful example for dedication to creating a positive environment.

EXTERNAL LINKS**Social Media**

Make sure to check out the Dalgety Bay Care Home Facebook page for all our latest photos!

[Don't forget to 'like' us!](#)

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DALGETY BAY

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[Carehome.co.uk](#)