



## INTRODUCTION

## Message From Our Manager

We said "goodbye" to 2025 with Reflect and Rejuvenate activities – we reminisced about the year and the lovely memories we created; we discussed things we would like to achieve in 2026 and made some New Year's resolutions.

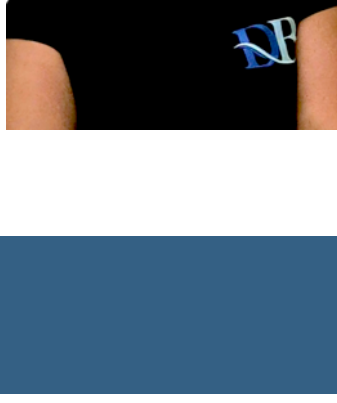
As we reflect on the festive season at the care home, we are filled with gratitude for the warmth, companionship, and joyful moments shared together. The lead-up to Christmas provided residents with many opportunities to connect through meaningful activities, gentle reminiscence, and creative celebrations that captured the spirit of the season. Our Christmas fayre was a particularly special occasion, bringing residents, friends, and family members together, creating memories that will stay with us well beyond the holiday season.

If you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

[Newsletter Sign-Up](#)

Best wishes,

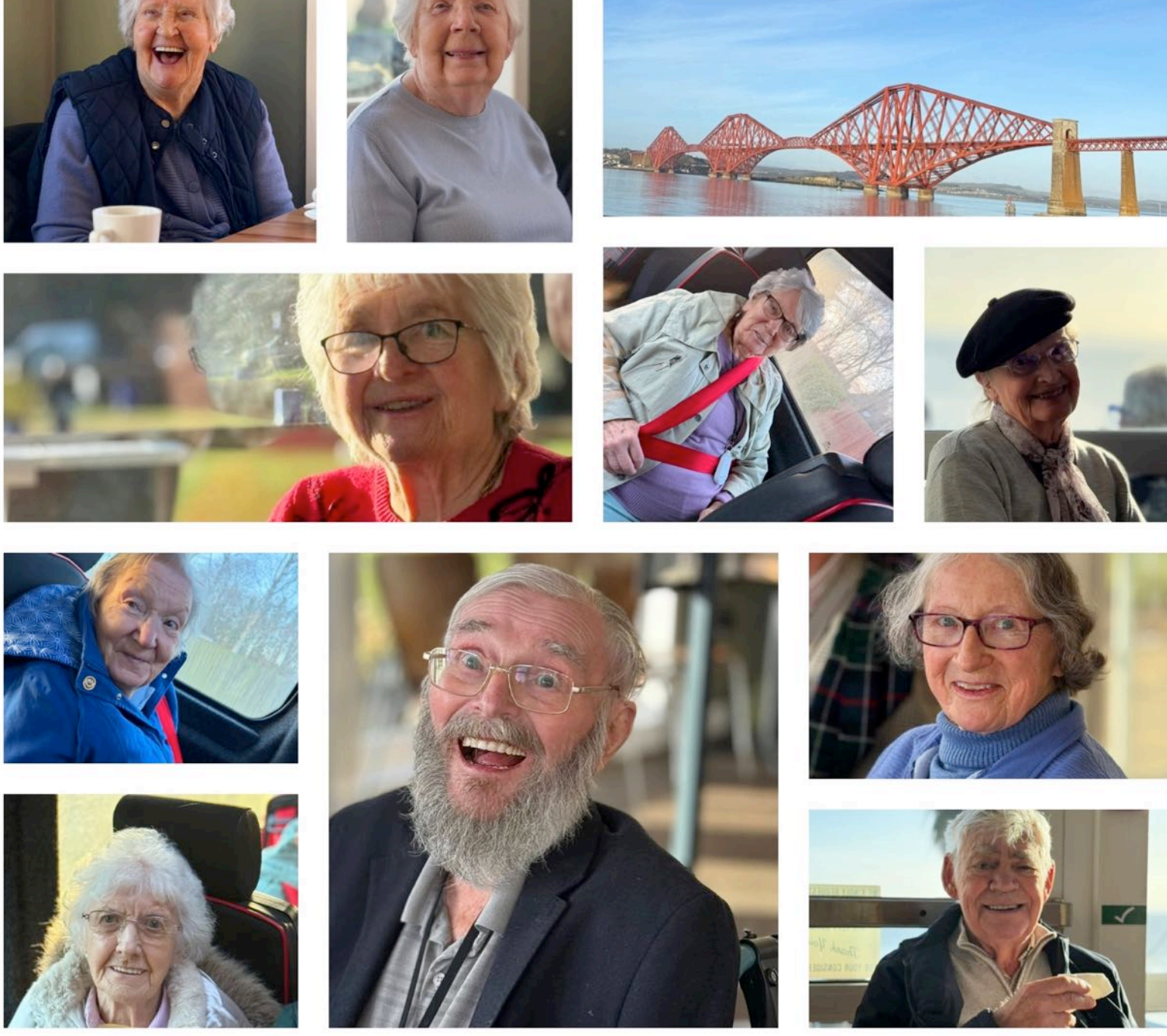
**Tabatha Jacome**  
Home Manager



## MOVING INTO 2026

## Trip Out & About

What a wonderful day spent out on our bus - first stop was Aberdour for a cuppa and a bit of cake, then a drive across the bridge looking at all the beautiful views. Lots of happy chatter and fond memories!



## Fantastic Burns Celebration

We kicked things off in true Scottish style with a delicious Burns lunch, expertly prepared by our amazing chef Simon Riggs. We were thrilled to have a very special guest deliver a brilliant and entertaining rendition of Address to a Haggis, which everyone thoroughly enjoyed.



To complete our Burns Day celebrations, our sincere thanks to the wonderful girls from Natalie McLauchlan School of Highland Dancing for such a beautiful performance, bringing joy, smiles, and fond memories to our residents.



## Recent Activities

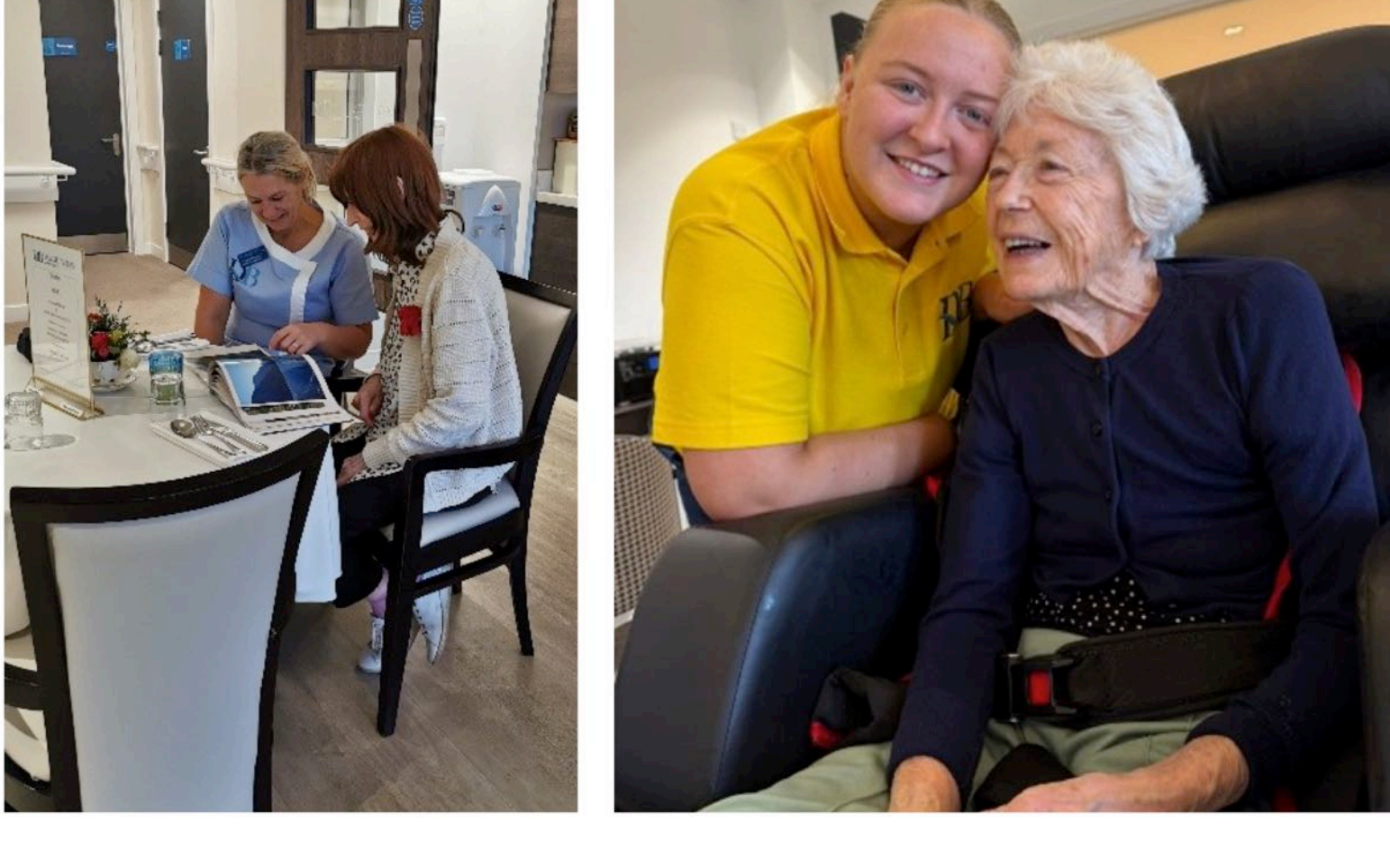
Our residents have been enjoying a wonderful variety of activities recently, bringing creativity, enjoyment, and a lovely seasonal touch to each day.

Flower arranging sessions have been especially popular, with residents creating beautiful displays that have brightened our shared spaces and sparked conversations about favourite flowers and gardens from years gone by. Craft afternoons have encouraged everyone to get creative, while visits to the Sunshine Group have been filled with music, singing, and dancing, lifting spirits and bringing plenty of smiles. A particularly heartwarming highlight was the visit from local nursery children, whose energy and enthusiasm brought joy to residents and created special intergenerational moments that were enjoyed by all. These activities continue to nurture connection, creativity, and a strong sense of community within our home.



## Meaningful Connections

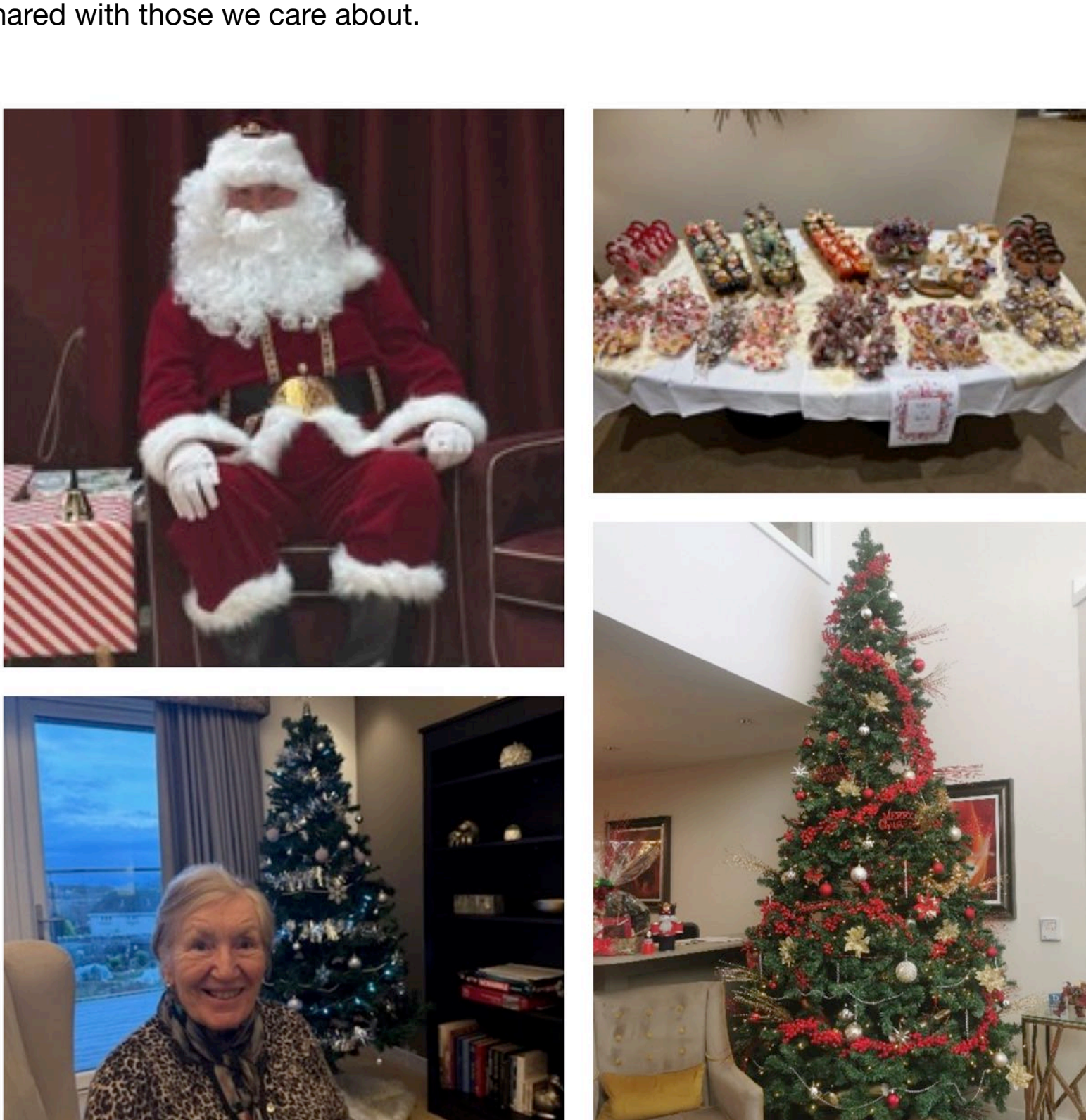
Our care home has been filled with moments of gentle reflection, reminiscence, and meaningful connection. Residents have enjoyed spending quiet time together, sharing memories, photographs, and telling stories. These conversations have created special opportunities to learn more about one another, strengthening friendships and deepening bonds within our community. These peaceful moments of togetherness have reminded us how important it is to slow down, listen, and appreciate the experiences that have shaped each resident's life. It has been a privilege to support our residents as they reflect, connect, and continue to create new memories together.



## FESTIVE CELEBRATIONS

## Christmas

Our annual Christmas fayre was a truly festive highlight, bringing residents, friends, and family together for a day full of cheer and community spirit. The home was filled with the delicious aromas of home baking and the seasonal warmth of mulled wine, while stalls, a tombola, and a raffle added to the fun and excitement. Residents and visitors alike enjoyed special visits from Santa, and the atmosphere was lifted even higher with live singing that had everyone tapping along. It was a joyful occasion, creating wonderful memories and reminding us all of the magic of the season when shared with those we care about.



## STAFF NEWS

## Recognition

We are proud to celebrate our Carer of the Month, recognising a team member who has shown exceptional dedication, compassion, and professionalism in their role.

This colleague has consistently gone above and beyond to ensure our residents receive the highest standard of care. Their kindness, patience, and positive attitude have made a meaningful difference in the daily lives of those we support, while also being a valued source of encouragement to fellow team members.

Their efforts reflect the core values of our home and set a wonderful example for others. Residents and colleagues alike appreciate their reliability, empathy, and dedication to creating a positive environment.

We would like to extend our sincere thanks and congratulations for their hard work and well-deserved recognition. Moments like these remind us how fortunate we are to have such committed and compassionate staff within our care home community.



## EXTERNAL LINKS

## Social Media

Make sure to check out the Dalgety Bay Care Home Facebook Page for all our latest photos!

[Don't Forget To 'Like' Us!](#)

## Leave A Review

We would be very grateful if you could spare a few minutes to write a review for us:

[Carehome.co.uk](#)