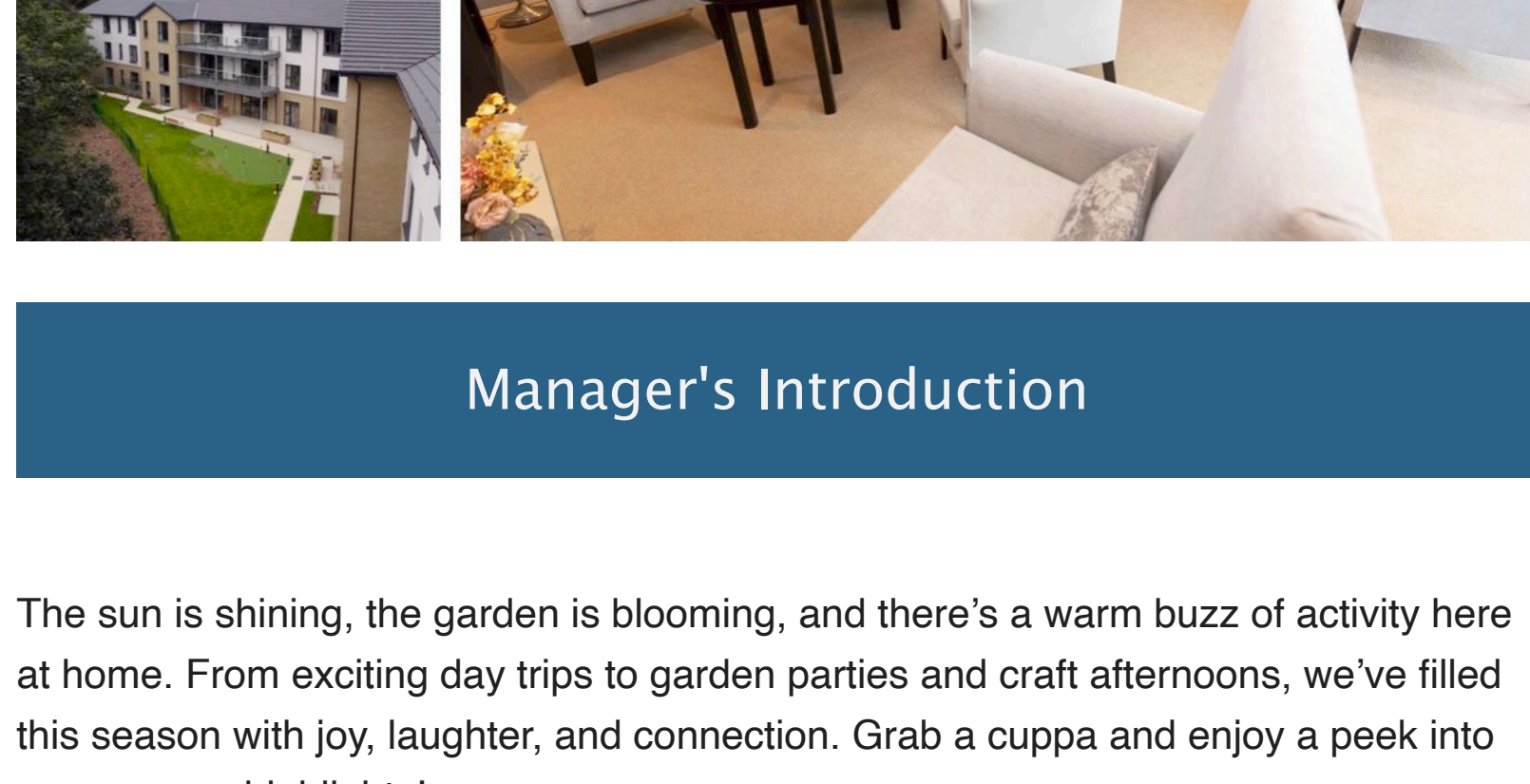


A WARM WELCOME TO OUR SUMMER 2025

Quarterly Newsletter

DB DALGETY BAY CARE HOME

T: 01863 339500 E: info@dalgetybaycare.co.uk



Manager's Introduction

The sun is shining, the garden is blooming, and there's a warm buzz of activity here at home. From exciting day trips to garden parties and craft afternoons, we've filled this season with joy, laughter, and connection. Grab a cuppa and enjoy a peek into our summer highlights!

Also, if you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

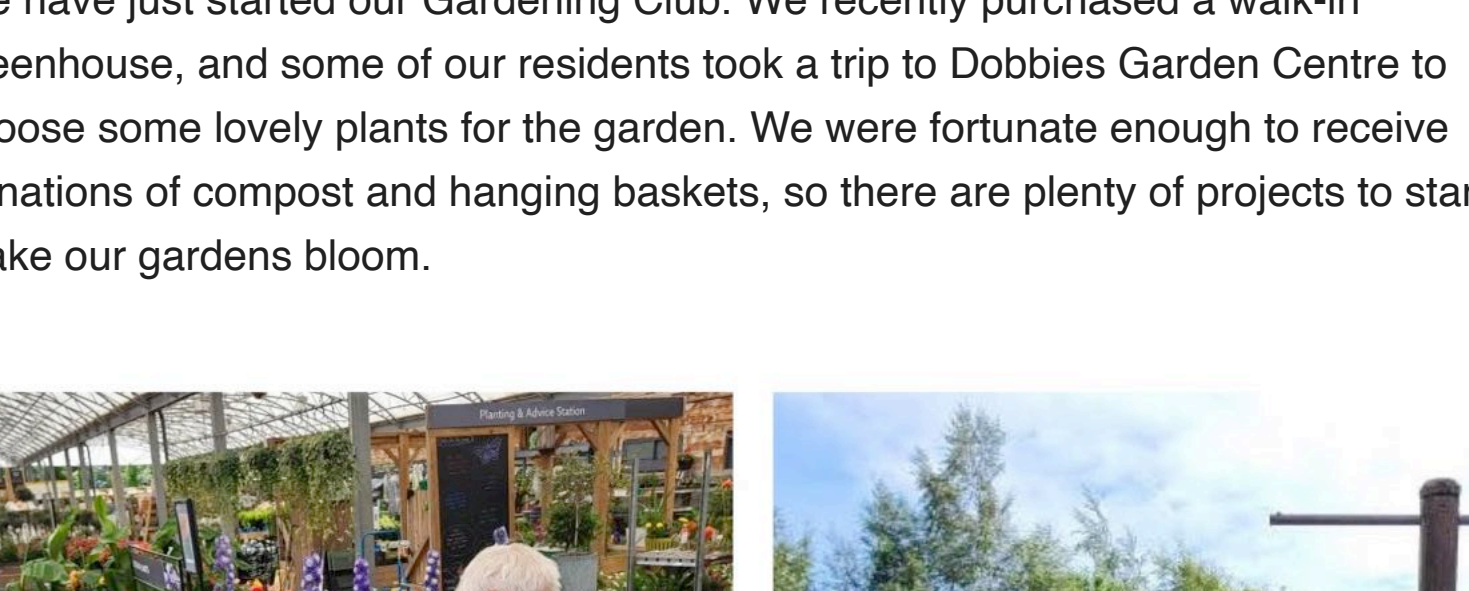
[Newsletter Sign-Up](#)

Best wishes,

Tabatha Jacome
Home Manager

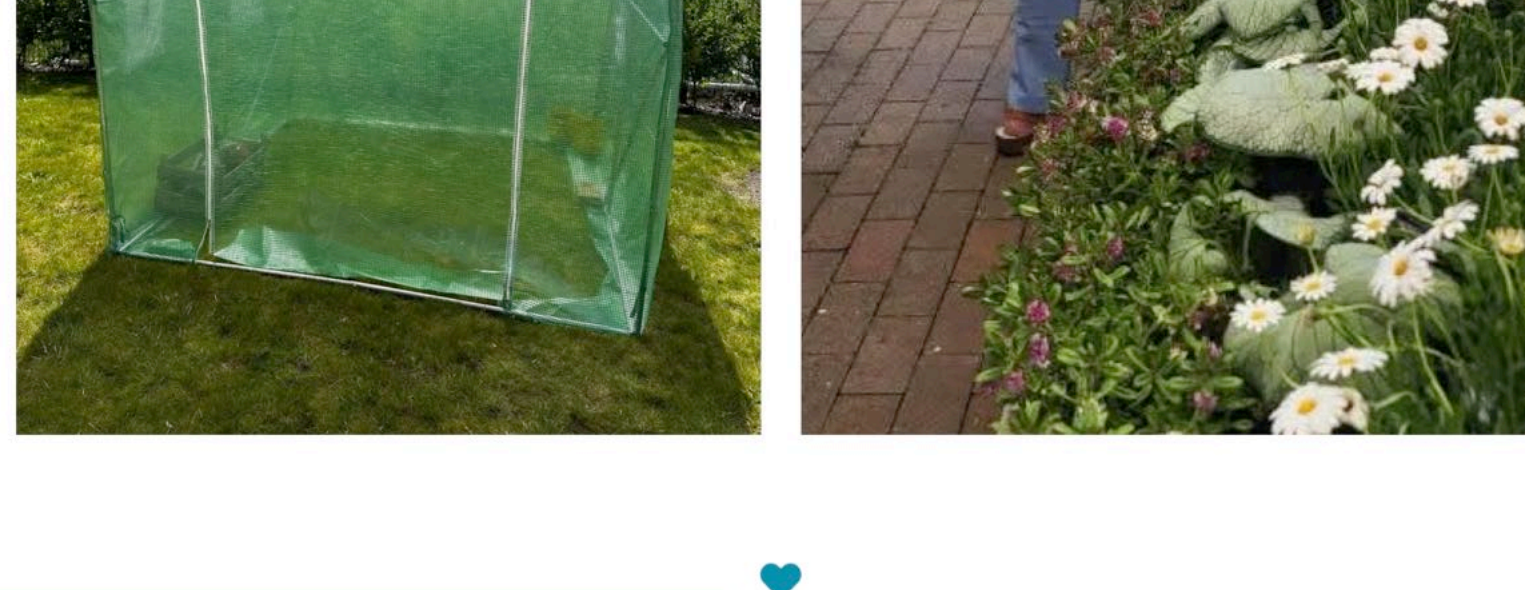


Gardening Club



Garden Transformation

We have just started our Gardening Club. We recently purchased a walk-in greenhouse, and some of our residents took a trip to Dobbies Garden Centre to choose some lovely plants for the garden. We were fortunate enough to receive donations of compost and hanging baskets, so there are plenty of projects to start to make our gardens bloom.



Keeping Fit



Keeping Busy & Active

We enjoy regular sessions with Bex from Fitcare Scotland. Bex understands the importance of mobility and encourages all the residents to join in. There is great music and plenty of laughter as she puts everyone through their paces. The residents look forward to her weekly visits.



VE Day



Special Celebrations

In May, we celebrated the 80th anniversary of VE Day. The sun was shining, the garden was decorated with bunting and balloons, and residents and family all came together to celebrate. We enjoyed a traditional picnic menu and some great classic wartime music.

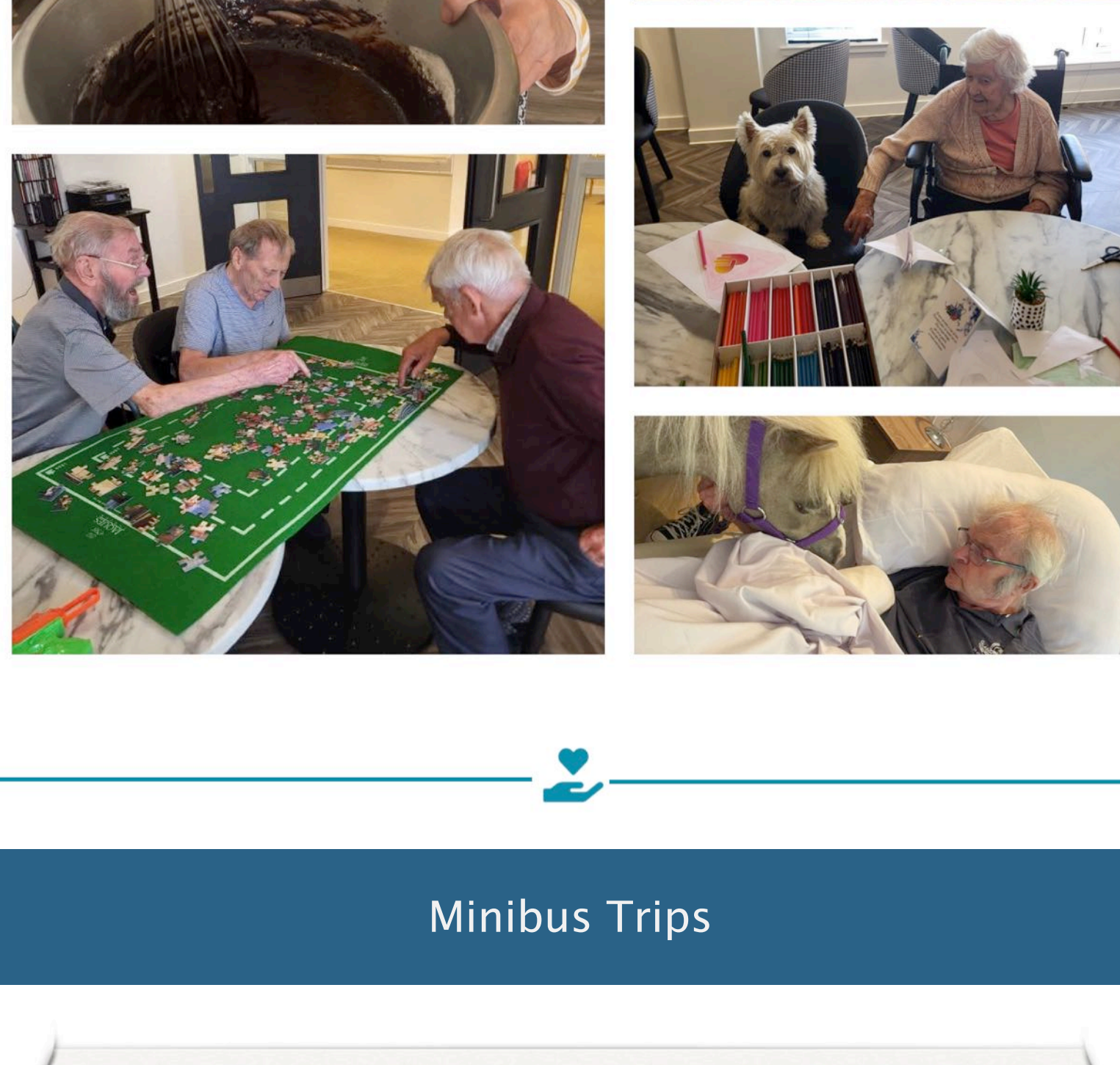


Varied Activities

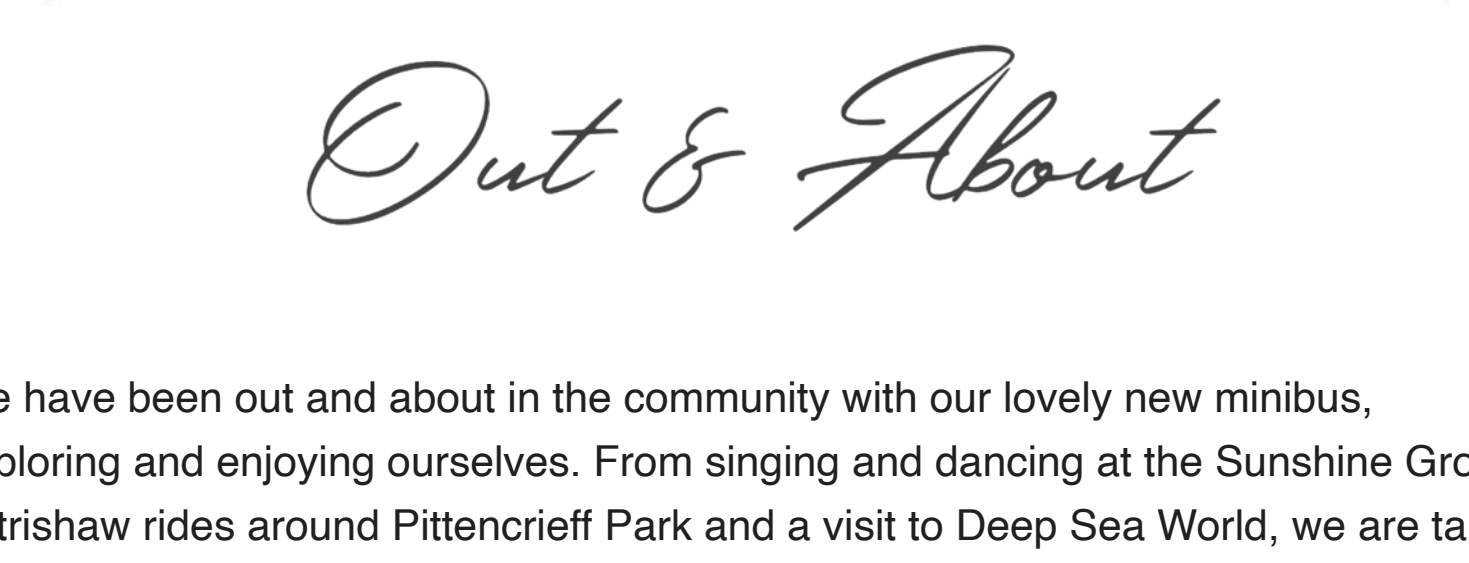


Good Times

We have had a lot of fun in the home over the past few months. We've enjoyed activities such as flower arranging, drawing and colouring sessions, as well as some delicious home baking. The therapy ponies came in for a visit, and we completed jigsaws and played board games in the Café. There are always lots of different activities for everyone to enjoy.



Minibus Trips



Out & About

We have been out and about in the community with our lovely new minibus, exploring and enjoying ourselves. From singing and dancing at the Sunshine Group to trishaw rides around Pittencrieff Park and a visit to Deep Sea World, we are taking full advantage of the beautiful countryside and facilities we have around us.



Staff Recognition



Well Done

Here at Dalgety Bay, we love to recognise our staff for the hard work they do. We wanted to take a moment to acknowledge the dedication and effort that often happens behind the scenes but makes a world of difference every single day.



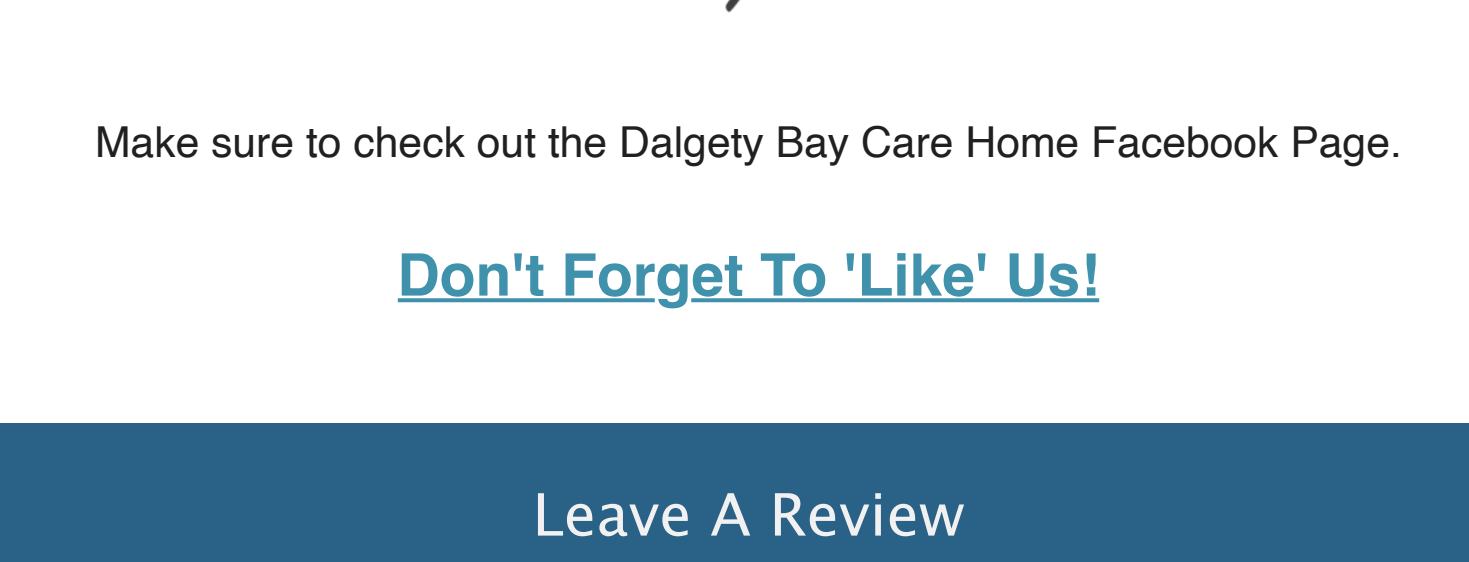
Dates For The Diary



Coming Up...

- Summer Fayre - Saturday 16th August
- Memory Care Café - Every second Tuesday: August 12th & 26th, September 9th & 23rd, October 7th & 21st, November 4th & 18th. Open to friends, family, and the local community

Social Media

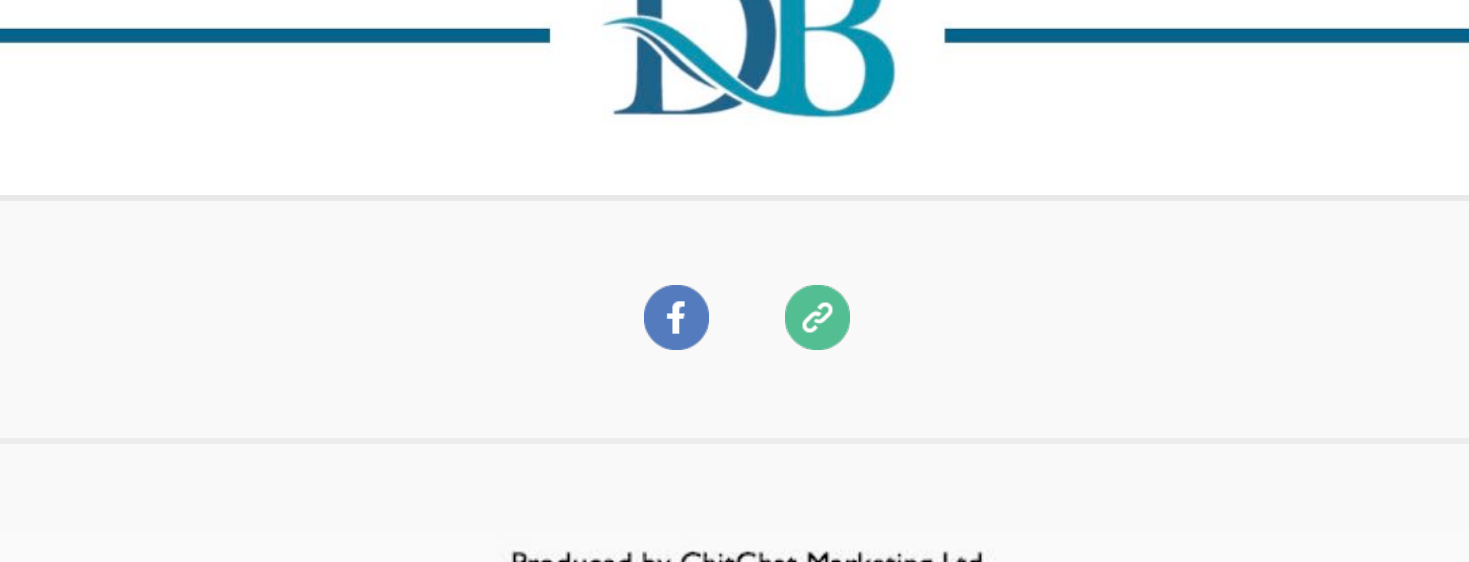


Connect With Us

Make sure to check out the Dalgety Bay Care Home Facebook Page.

[Don't Forget To 'Like' Us!](#)

Leave A Review



Your Thoughts Matter

We would be very grateful if you could spare a few minutes to write a review for us:

[Carehome.co.uk Reviews](https://www.carehome.co.uk/reviews)



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