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A WARM WELCOME TO OUR
AUTUMN 2024

Quarterly Newsletter

DALGETY BAY
CARE HOME

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Manager's Introduction

We will be celebrating our official opening and first birthday on the 6th of November, I can't believe we've already been open for a year, and what an amazing year that's been. We've met and welcomed more residents and soon we will be opening up another community.

We've had some great fun together over the past months, with outdoor activities and family get togethers. Although summer has come to an end and the nights are getting darker it won't stop the fun.

Take a look and see what we've been up to..

Also, if you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

Newsletter Sign-Up

Best wishes,

Tabatha Jacome
Home Manager

Summer BBQ

Good Times

We had a fantastic Summer BBQ – the rain stayed away and the people arrived by the carload! There was amazing food, cakes galore and of course a raffle and tombola stall.

Residents friends and family really enjoyed having the opportunity to sit in the sun, enjoy good food, catching up and a good chat.

It was also lovely to meet members of The Swifts Football Team who came along and enjoyed mixing with the residents (and trying the cake!).

We look forward to having a lot more BBQs next summer.

Flower Show

Congratulations!

Dalgety Bay Horticultural Society hosts its annual show in September. We decided to show off our talents and enter.

Our residents created a beautiful, dried flower arrangement using flowers we gathered and dried from around the home and from staff gardens. We also created a lovely picture using pressed flowers. One of our laundry ladies has been caring for our indoor plants, so we chose a couple to enter as well.

We can proudly say all our hard work paid off and we won three first places and a second, earning us a trophy which we will display once it's back from the engravers.

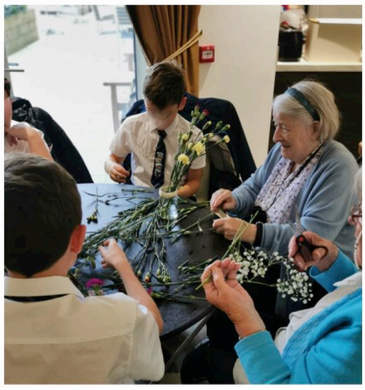
Nursery and Primary School Visits

Intergenerational

We've had some lovely visits from local Nursery and Primary school children.

The nursery entertained us with fun songs and actions, the residents had a lot of fun joining in. There was also a Halloween crafts morning too!

Some children from the Primary School came along to help with flower arranging. Both residents and the children really enjoyed the experience, it was lovely to see the generations mixing and chatting away.



Autumn Tree

Festive Celebrations

Our stunning autumn tree looks amazing in reception and really captures this beautiful time of year.

We'll change it for Christmas and maybe keep it in place to celebrate other holidays and seasons too. It's certainly been a talking point!

Activities

Keeping Busy & Active

We've had a busy few months in the home with lots of different activities taking place.

We planted pots with some winter pansies to brighten up the outside tables, we've had quizzes and games and the occasional bingo session too.

Drawing has been a popular activity with different residents enjoying colouring in and others have loved still life sessions.

Thinking back and trying to complete a family tree also proved popular and was a lovely way to reminisce about times gone by.

Resident Spotlight

Meaningful Activities

Jean was an avid pianist in her day, starting lessons at just 10 years old. Her first piano teacher was Mrs McClusky and while Jean's sister played violin, Jean went on to have lessons with the city organist in Dundee. She enjoyed playing in church and even made a couple of records!

Another resident had donated her much loved piano to us and although Jean hadn't played the piano in quite a few years, she has recently been up in our Café practising away. She has found that some songs are coming back to her without the need to read the music! It's wonderful that Jean hasn't let her Parkinson's stop her from rekindling her passion.

Staff News

A Warm Welcome

Jenny Scott - Activities Coordinator

Jenny has recently joined us and has started planning some great activities for the residents to enjoy over the coming months. We wish her joy and fulfilment here with us at Dalgety Bay Care Home.

Dates For The Diary

Coming Up...

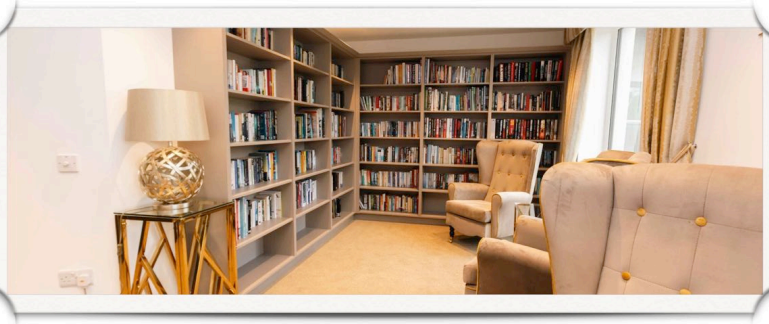
Wednesday 6th November

First Birthday and Official Opening by Depute Provost

Monday 25th November
Happy Hoofbeats – visit from the Therapy Ponies

Thursday 19th December
Jack and the Beanstalk Pantomime at the Alhambra Theatre

Social Media



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Don't Forget To 'Like' Us!

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Your Thoughts Matter

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Carehome.co.uk Reviews

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