

A WARM WELCOME TO OUR
WINTER 2023/24

Quarterly Newsletter

DB DALGETY BAY CARE HOME

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Manager's Introduction

We are thrilled to introduce you to Dalgety Bay Care Home's first newsletter. As the Home Manager, I am honoured to have commissioned this beautiful new home and welcome you all to our community.

My name is Tabatha and I have over 27 years' experience in the industry with a degree in Health and Social Care, Adult Nursing and a PG diploma in Global Health.

I am a mother of five wonderful children, three boys and two girls aged between 16 and 22. When I am not working, I enjoy fitness and have achieved a brown belt in Karate.

As the Home Manager, I am passionate about my role, and this passion only continues to grow as I continue in my role. I strive to provide the best person-centred care encompassing compassion, dignity and respect. I am passionate about ensuring our residents have a good quality of life. If you wish to speak to me, I am always available for a chat.

Also, if you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

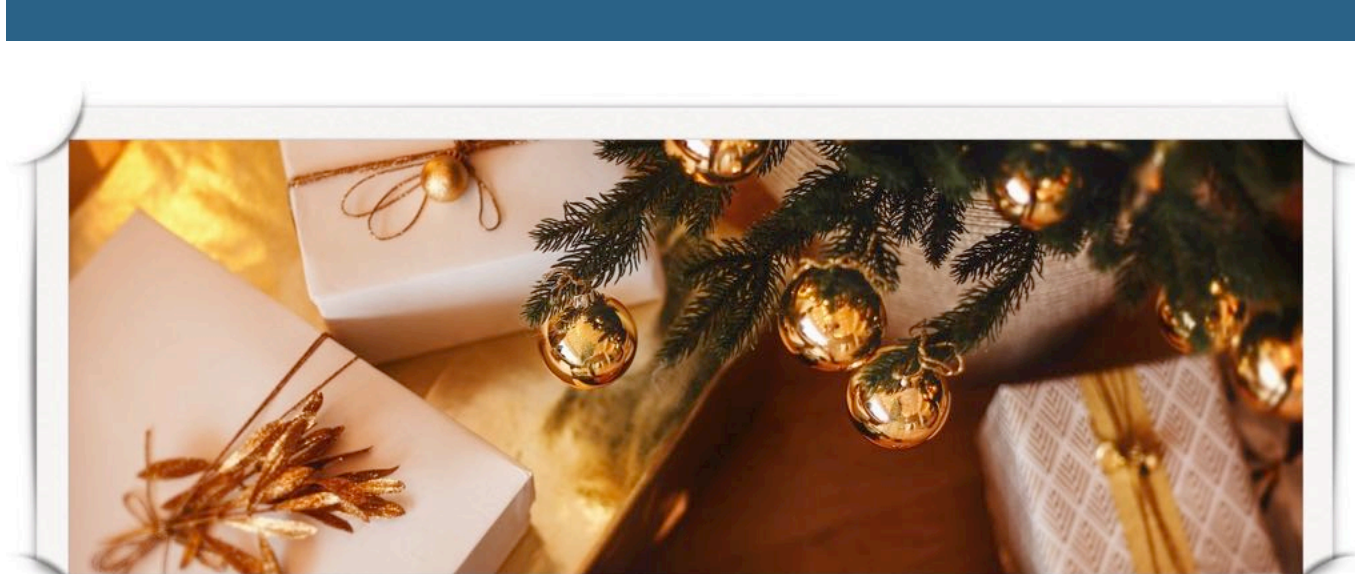
[Newsletter Sign-Up](#)

Best wishes,

Tabatha Jacome-Sturge
Home Manager



Christmas Celebrations



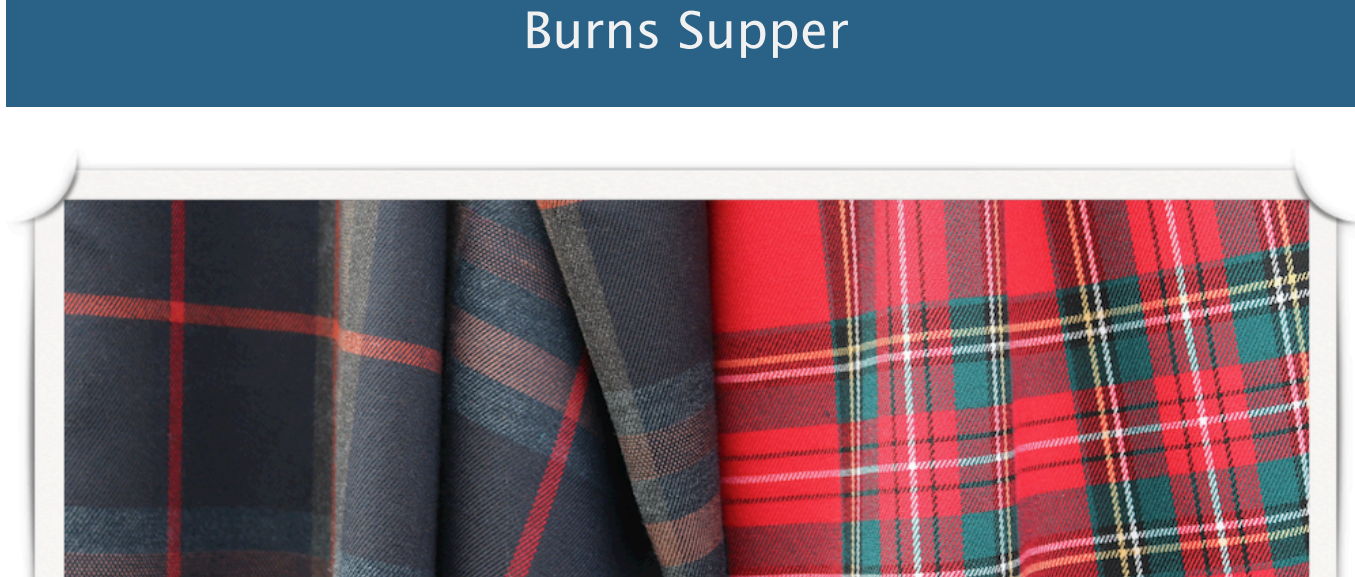
Festive Celebrations

Christmas is a special time of the year and our first Christmas in our new home was no exception. We had some great festive activities, including games, mince pie making, Christmas movies and wreath making from willow branches. Our residents enjoyed these activities, which helped them to get into the festive spirit.



On Christmas Day our Chef, Damion, prepared a full turkey dinner which was enjoyed by our residents. We also indulged in Christmas pudding, mince pies and Yule log. The festivities continued throughout the day and our residents had a wonderful time celebrating together.

Burns Supper



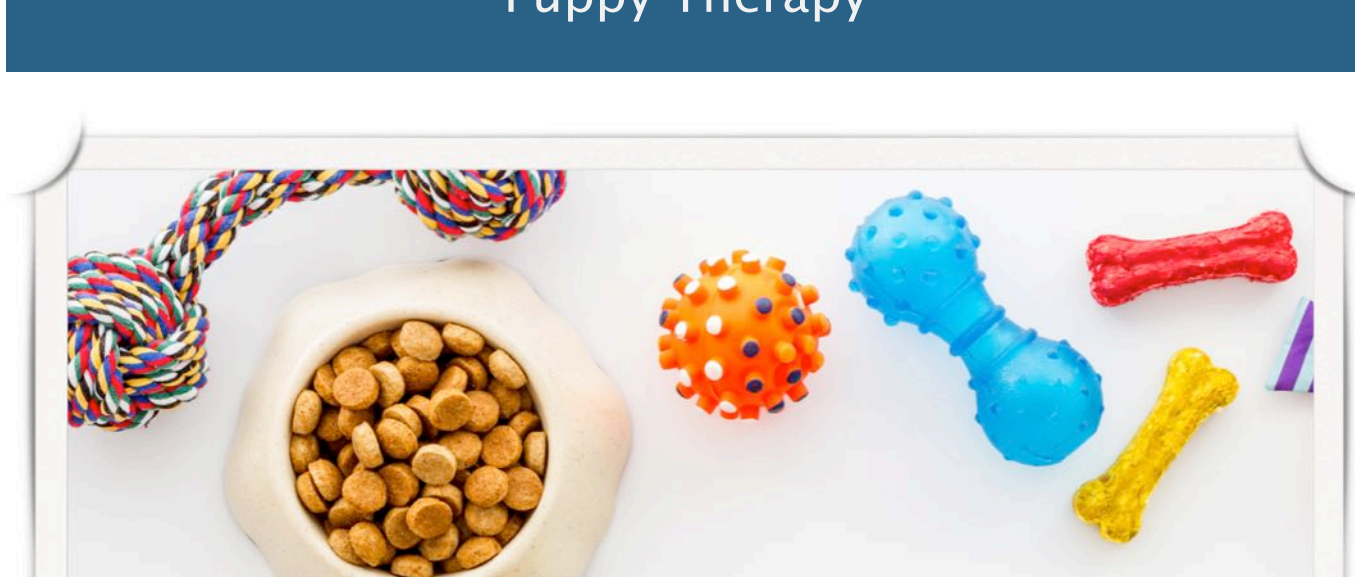
Robert Burns

At Dalgety Bay Care Home, we cherish moments of togetherness, celebration and joy. We held a Burns Supper on Thursday, January 25th, to celebrate the life and legacy of Robert Burns. As is tradition, the haggis was piped in by bagpiper, Cameron Cochrane, then Stuart McCormack delivered an address to the haggis.



The delicious menu for the day consisted of Cullen Skink with Homemade Oat Cake, Haggis, Neeps & Tatties, followed by traditional Cranachan, Shortbread and Tablet.

Puppy Therapy

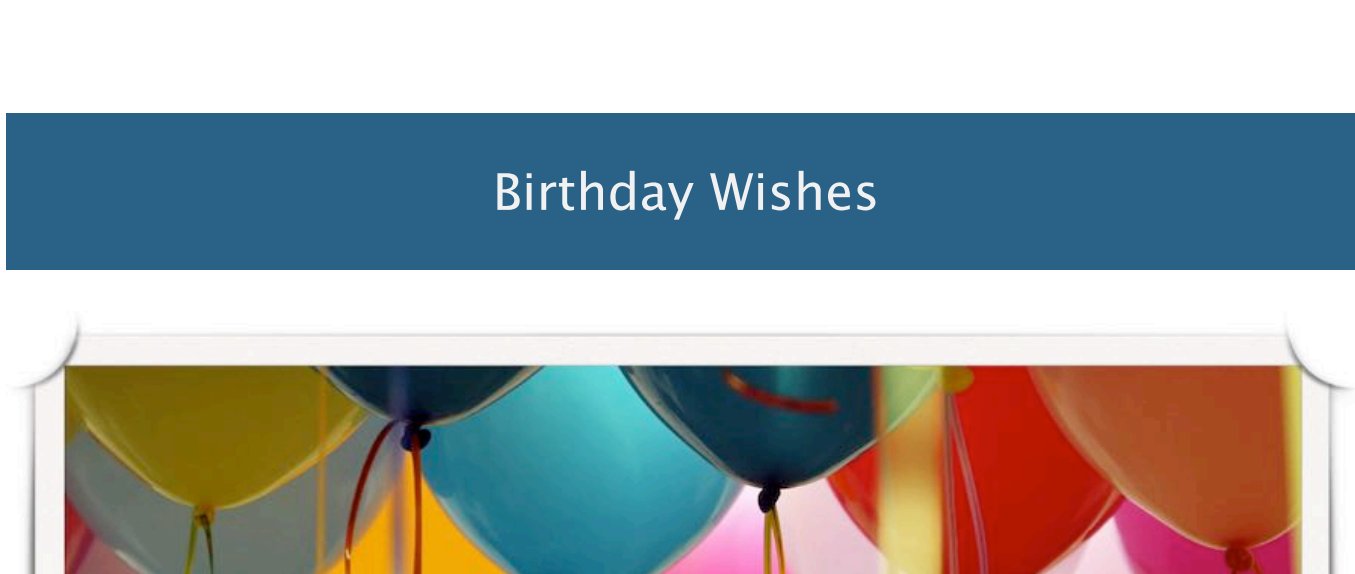


Cuddles & Pats

In January, the Home Manager's household welcomed five Docker puppies. These little cuties, a mix between Cocker Spaniel and Dachshund, provided lots of cuddles to our residents and staff. Although they have all gone off to new families now, we hope they will still drop by from time to time to be spoiled and loved by our residents.

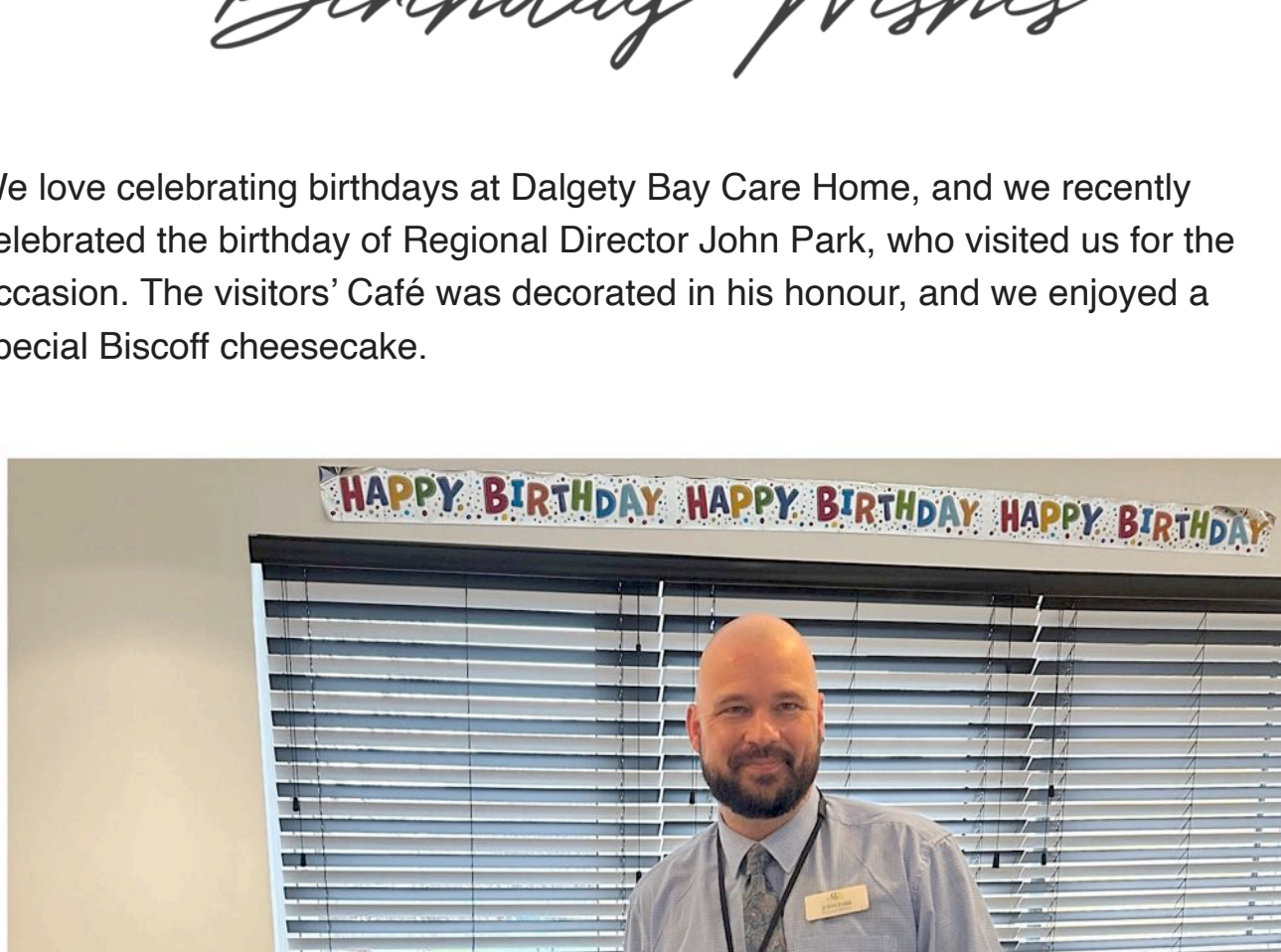


Birthday Wishes

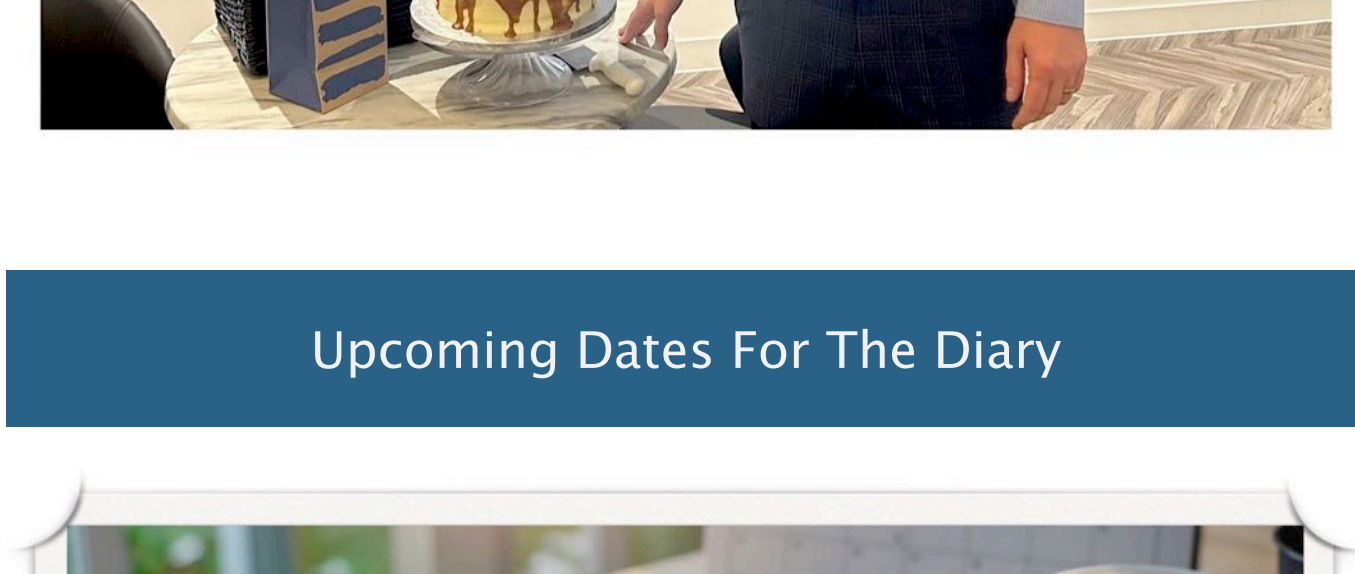


Birthday Wishes

We love celebrating birthdays at Dalgety Bay Care Home, and we recently celebrated the birthday of Regional Director John Park, who visited us for the occasion. The visitors' Café was decorated in his honour, and we enjoyed a special Biscoff cheesecake.



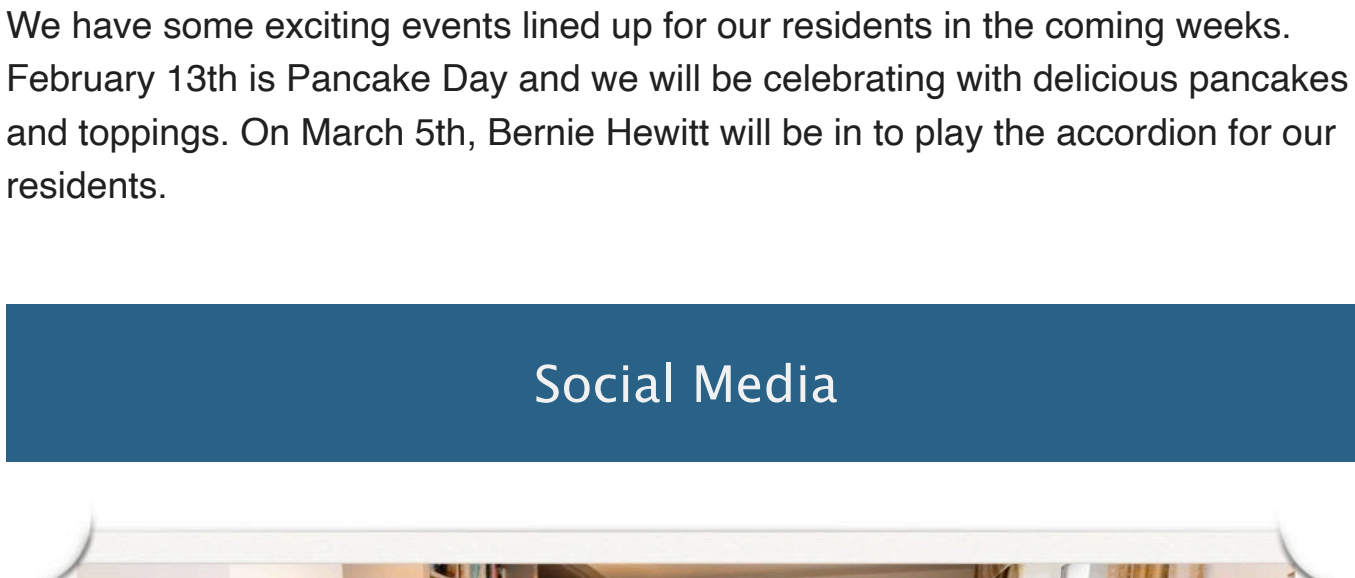
Upcoming Dates For The Diary



Coming Up...

We have some exciting events lined up for our residents in the coming weeks. February 13th is Pancake Day and we will be celebrating with delicious pancakes and toppings. On March 5th, Bernie Hewitt will be in to play the accordion for our residents.

Social Media

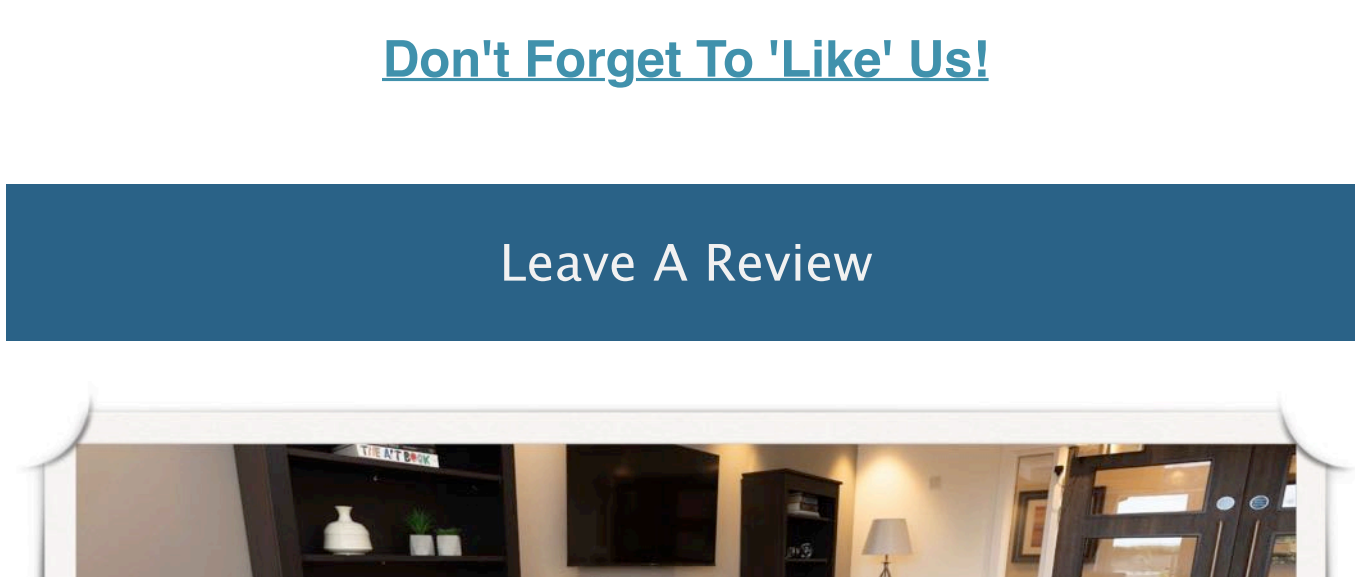


Connect With Us

Make sure to check out the Dalgety Bay Care Home Facebook Page.

[Don't Forget To 'Like' Us!](#)

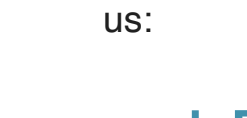
Leave A Review



Your Thoughts Matter

We would be very grateful if you could spare a few minutes to write a review for us:

[Carehome.co.uk/Reviews](https://www.carehome.co.uk/Reviews)



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